

# WIGGLE WEDNESDAY!!

Boker Tov! Happy Wiggle Wednesday! This morning we are going to have fun doing a Sidewalk Chalk Obstacle Course! Have fun following along, or create your own at home!



Sidewalk Chalk Obstacle Course video is attached!

Here's another fun Wiggle Wednesday activity to try!



## Shape Hopscotch

Draw shapes with sidewalk chalk and then toss a rock onto a shape – hop on the shape closest to your rock! Practice hopping on one foot and name each shape as they land on it!

<https://creativefamilyfun.net/go-outside/>